

Distributed by: Sherman Sports Injury Center  
 Dr. Alan Sherman  
 22235 Sherman Way, Suite 100  
 Canoga Park, CA 91303  
 818-888-8058

†Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:**

As a dietary supplement, adults take 2 capsules daily or as directed by your healthcare professional. This product is best taken with meals.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #7564 / 2142678



# Multimineral and Vitamin Capsule Maintenance I

Hypoallergenic

Dietary Supplement

180 CAPSULES

## Supplement Facts

Serving Size 2 capsules  
 Servings Per Container 90

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (40% as Vitamin A Palmitate/ 60% [2,500 IU] as Beta-Carotene)	4,167 IU 83%	Manganese (from Manganese Aspartate Complex)	3 mg 150%
Vitamin C (Ascorbic Acid)	67 mg 112%	Chromium (Organically bound with GTF activity—low allergenicity)	11 mcg 9%
Vitamin D-3	6 IU 2%	Molybdenum (from Molybdenum Krebs†)	6 mcg 8%
Vitamin E (as Vitamin E Succinate)	22 IU 73%	Potassium (from Potassium Aspartate Complex)	6 mg >1%
Thiamine (as Thiamine HCl)	6 mg 400%	Choline (from Choline Citrate/Bitartrate)	3 mg *
Riboflavin	3 mg 176%	Inositol	6 mg *
Niacin/Niacinamide	11 mg 55%	Citrus Bioflavonoid Complex	6 mg *
Vitamin B-6 (as Pyridoxine HCl/ Pyridoxal-5-Phosphate Complex)	6 mg 300%	PABA (Para-Aminobenzoic Acid)	3 mg *
Folic Acid	44 mcg 11%	Vanadium (from Vanadium Krebs†)	3 mcg *
Vitamin B-12 (on Ion Exchange Resin)	6 mcg 100%	Boron (from Boron Aspartate/ Citrate Complex)	>1 mg *
Biotin	17 mcg 6%	Trace Elements (from Sea Vegetation)	6 mcg *
Pantothenic Acid (as d-Calcium Pantothenate)	28 mg 280%	L-Cysteine/N-Acetyl-L-Cysteine	11 mg *
Calcium (from Calcium Citrate/Ascorbate Complex)	28 mg 3%	L-Methionine	1 mg *
Iodine (from Kelp)	11 mcg 7%	Glutamic Acid (from Glutamic Acid HCl)	1 mg *
Magnesium (from Magnesium Aspartate/Ascorbate Complex)	28 mg 7%	Betaine (from Betaine HCl)	6 mg *
Zinc (from Zinc Amino Acid Chelate)	1 mg 7%		
Selenium (Organic Selenium from Krebs† Cycle and Kelp)	11 mcg 16%		

\*Daily Value not established.

Other ingredients: Gelatin (capsule), vegetable stearate, silica and cellulose.